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| **Al-Farabi Kazakh National University**  **Syllabus**  **Psychology**  **Spring semester 2018-2019** | | | | | | | | | |
| **Code of discipline** | **Name of discipline** | **Type** | **Hours per week** | | | | **Credits** | | **ECTS** |
| **lecture** | **Practical** | | **Lab** |
|  | Psychology |  | 7 | 7 | | 0 |  | |  |
| **Lector** | Ospanova Sholpan Talipovna, Master of Psychology | | | | **Office hour** | | | Friday 14.00- 16.00 | |
| **e-mail** | sh.ospanova@mail.ru | | | |
| **Phone number** | +77072229367 | | | | **Auditorium** | | | 415 room | |
| **Academic presentation of course** | **Type of Curriculum:**  **Description of the course: Get familiar with the notion of general psychology, to manage and develop own cognition processes and personality features** | | | | | | | | |
| **Prerequisites** | **Philosophy, Biology** | | | | | | | | |
| **Postrequisites** | **Personal Psychology,** | | | | | | | | |
| **Literature and resource** | **Recommended literature**  1.Berliner D., Calfee R;  Handbook of psychology/ New York: 1996.  2. Cline T., Gulliford A., Birch S. Educational Psychology/ Routledge: 2015.  3. Willingham D., Why Don't Students Like School?: A Cognitive Scientist Answers Questions About How the Mind Works and What It Means for the Classroom/John Wiley & Sons. 2009  4. Ritchhart R., Church M., Morrison K.Making Thinking Visible: How to Promote Engagement, Understanding, and Independence for All Learners/ John Wiley & Sons. 2011  I**nternet resources:**  <https://monographies.ru/en/book/section?id=10966>  <https://passnownow.com/classwork-support/teaching-methods/>  http://www.dynamicflight.com/avcfibook/ | | | | | | | | |
| **Academic policies of the discipline according University values** | **Policies of academic behaviour**: Time management for all tasks, Appropriate timing of homework or projects may be extended in the event of extenuating circumstances (such as illness, emergencies, contingency, etc.). Also, if student’s mark would be below of 50%, student could have another chance to pass the subjects, but the grade would be less for 10%  **Academic values:**  Be tolerant and respect opinion of other students. Feedback formulate in the polite form. Plagiarism and other forms of dishonest work are unacceptable. It is not permitted to copy from other students during midterm and final control, also copying of solved tasks by other persons, passing the exam for another student. | | | | | | | | |
| **Data of curriculum** | | | | | | | | | |

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| **Week** | **Name of topic** | **Hours** | **Max. points** |
| 1 | Lecture 1. Introduction to general psychology | 1 | 2 |
| 1 | Seminar 1. The concept of the psyche (the evolution of the concept and concept of the psyche from ancient peoples to today). Modern difference psychologist / psychiatrist / psychotherapist. | 1 |  |
| 2 | Lecture 2. Objective and subjective relationships in psychology. Research in psychology. Methods and principles of research. | 1 | 2 |
| Seminar 2. Representatives and schools of the main directions in psychology and their methods of research. Experiment. Famous experiments in psychology | 1 | 10 |
| 3 | Lecture 3 Psychodynamic approach in the development of the personality. | 1 | 2 |
| Seminar 3. Stages of psychosexual development. Mental energy. Libido. The principle of pleasure / the principle of reality. | 1 | 10 |
| 4 | Lecture 4. Behaviorism theory of personal development | 1 | 2 |
| Seminar 4. Representatives of the Behaviorism trend in psychology | 1 | 10 |
| Independent work 1: Psychodynamic theory and my observations of their manifestation in everyday life. (essay 500 words) |  | 13 |
| 5 | Lecture 5. Representatives of the humanistic trend in psychology and their theory | 1 | 2 |
| Seminar 5. A.Maslow’s theory of needs. C. Roger’s theory of empathy | 1 | 10 |
| **Independent work 2:** Empathy and its manifestations in my life. Observations, analysis, conclusions |  | 13 |
| 6 | Lecture 6. Sensation | 1 | 2 |
| Seminar 6. Classification. Sensitivity threshold | 1 | 10 |
| Midterm control |  |  |
| 7 | Lecture 7. Perception | 1 | 2 |
| Seminar 7. **Midterm control** | 1 | 100 |
| 8 | Lecture 8. Human Behavior  Seminar 8. Relationship behavoir and thoughts | 1  1 | 2  10 |
| 9 | Lecture 9. Thinking and speech. Meaning of the Word  Seminar 9. Types of thinking and speech | 1  1 | 2  10 |
| 10 | Lecture 10. Imagination, Types of imagination  Seminar 10. Imagination, creativity and intelligence | 1  1 | 2  10 |
| 11 | Lecture 11 Theories of memory. Types of memory  Seminar 11. The basic processes of memory, ways and methods of their research and development.  Independent work 3. Genius and imagination (theory and personal observation) | 1  1 | 2  10  13 |
| 12 | Lecture 12 Attention  Seminar 12. Attention and anxiety | 1  1 | 2  10 |
| 13 | Lecture 13. Emotions. Types of emotions  Seminar 13. Theories of emotions  Independent work 4. What is emotional well-being and ways to achievement. | 1  1 | 2  10  13 |
| 14 | Lecture 14. Theory of positive psychology.  Seminars 14. The main features of positive psychology | 1  1 | 2  10 |
| 15 | Lecture 15. Final control  Seminar 15. | 1  1 | 100 |
|  | Exam |  | 100 |

Bureau of

Philosophy and Political science faculty Kabakova M.P.

Head of the Chair of Madalieva Z.B.

General and Applied Psychology

Lector Ospanova Sh.T